

MPPS – PSHCE Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Area	Me and My Relationships	Valuing Differences	Keeping Myself Safe	Rights & responsibilities	Being My Best	Growing & Changing
Year Nursery	Marvellous me! I'm special	Me and my friends	What's safe to go in my body? Safety indoors and outdoors People who help to keep me safe	Looking after myself Looking after others Looking after my environment.	What does my body need? I can keep trying I can do it!	Growing and changing in nature When I was a baby Girls, boys and family
Year Reception	All about me What makes me special Me and my special people Who can help me? My feelings	I'm special, you're special Same and different Same and different families Same and different homes Kind and caring	What's safe to go in my body Keeping myself safe- what's safe to go into my body Safe indoors and outdoors Listening to my feelings Keeping safe online People who help keep me safe	Being helpful at home and caring for our classroom Looking after my special people Looking after my friends Caring for our world Looking after money	Bouncing back when things go wrong Yes I can! Healthy eating Move your body A good night's sleep	Seasons Life stages-Plants animals and humans Life stages-human life stage-who will I be? Where do babies come from? Getting bigger Me and my body-girls and boys
Year 1	Why we have classroom rules Thinking about feelings Our feelings Feelings and Bodies Our special people balloons Good friends How are you listening?	Same or Different? Unkind, tease or bully Harold's school rules Who are our special people? It's not fair!	Healthy Me. Super sleep Who can help? (1) It's not fair! What could Harold do? Good or bad touch?	Harold's Wash up and brush up Around and about school Taking care of something Harold's money How should we look after our money	I can eat a rainbow Eat well Catch it, Bin it, Kill it! Harold learns to ride a bike Pass on the praise Harold has a bad day	Inside my wonderful body Taking care of a baby Then and Now Who can help? Secrets and surprises PANTS lesson on NSPCC

Year 2	Our Ideal Classroom 1 How are you feeling today? Don't do that! Types of bullying Being a good friend Let's all be happy	What makes us who we are My special people When someone's feeling left out An act of kindness Solve the problem	Harold's picnic How safe would you feel? I don't like that Fun or not? Should I tell? PANTS lesson NSPCC	Getting on with others When I feel like erupting? How can we look after our environment? Harold saves for something special Harold goes camping	You can't do it! My day! Harold's bathroom My body needs... What does my body do?	A helping hand Sam moves house My body, your body! Respecting privacy
Year 3	As a rule My special pet Looking after special our people How can we solve this problem? Dan's Dare Thanks Friends are special	Family and friends Respect and challenge Our friends and neighbours Let's celebrated our differences Zeb	Safe or unsafe Alcohol and cigarettes: the facts The risk robot Super searcher None of your business Raisin challenge Help or harm	Our helpful volunteers Recount task Harold's environmental project Can Harold afford it? Can Harold afford it? Earning money	Derek cooks dinner For or against? I am fantastic Getting on with your nerves Body team work Top talents	Relationship tree Secret or surprise Let's have a tidy up First aid: Emergencies and calling for help.
Year 4	An email from Harold Okay or not okay Human machines Different feelings When feelings change Under pressure	Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with? That is such a stereo type!	Danger, risk or hazard? Picture wise How dare you! Medicines; check the label Know the norms Keeping ourselves safe Raisin challenge	Who helps us stay safe and healthy It's your right! How do we make a difference? In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes?	What makes me ME! Making choices? SCARF Hotel Harold's 7 Rs My school community	Moving house My feelings are all over the place! All change! Secret or surprise? Together First aid: Bites and stings Allergies
Year 5	Change! Give and take How good a friend are you?	Qualities of friendship Kind conversation The land of the Red People	Thinking about habits Jay's dilemma Spot bullying Ella's diary dilemma	What's the story? Fact or opinion? Rights, responsibilities and duties	Getting fit It all adds up! Different skills My school community,	How are they feeling? Taking notice of our feelings Dear Hetty

	<p>Relationship cake recipe</p> <p>Being assertive</p> <p>Our emotional needs</p> <p>Communication</p>	<p>Is it true?</p> <p>It could happen to anyone?</p>	<p>Decision's dilemma</p> <p>Play, like, share</p> <p>Drugs: true or false?</p> <p>Smoking</p> <p>Would you risk it?</p>	<p>Mo makes a difference</p> <p>Spending wisely</p> <p>Lend us a fiver!</p> <p>Local councils</p>	<p>Independence and responsibility</p> <p>Star qualities?</p> <p>First aid:</p> <p>Bleeding</p> <p>Burns and scalds</p>	<p>Changing bodies and feelings</p> <p>Growing up and changing bodies</p> <p>Help! I'm a teenager, get me out of here</p> <p>It could happen to any one!</p> <p>Dear Ash</p> <p>Stop, start, stereotypes</p>
Year 6	<p>Working together</p> <p>Let's negotiate</p> <p>Solve the friendship problem</p> <p>Assertiveness skills</p> <p>Behave yourselves</p> <p>Dan's day</p> <p>Don't force me</p> <p>Acting appropriately</p> <p>It's a puzzle</p>	<p>Okay to be different</p> <p>We have more in common than not</p> <p>Respecting differences</p> <p>Tolerance and respect for others</p> <p>Advertising friendships</p> <p>Boys will be boys: challenging stereotypes</p>	<p>Think before you click!</p> <p>Traffic lights</p> <p>To share or not to share</p> <p>Rat Park!</p> <p>What sort of a drug is...?</p> <p>Drugs: It's the law</p> <p>Alcohol: what is normal?</p> <p>Joe's story:</p>	<p>Two sides to every story</p> <p>Fakebook friends</p> <p>What's it worth?</p> <p>Jobs and taxes</p> <p>Action stations</p> <p>Happy shoppers!</p>	<p>This will be your life!</p> <p>5 ways to well-being project</p> <p>Our recommendations</p> <p>What's the risk</p> <p>First aid:</p> <p>Basic life support</p> <p>Head injuries</p>	<p>Helpful or unhelpful: managing change</p> <p>I look great!</p> <p>Media manipulation</p> <p>Pressure online</p> <p>Is this normal?</p> <p>Dear Ash</p> <p>How are babies born?</p> <p>Covid-19 and diseases</p>